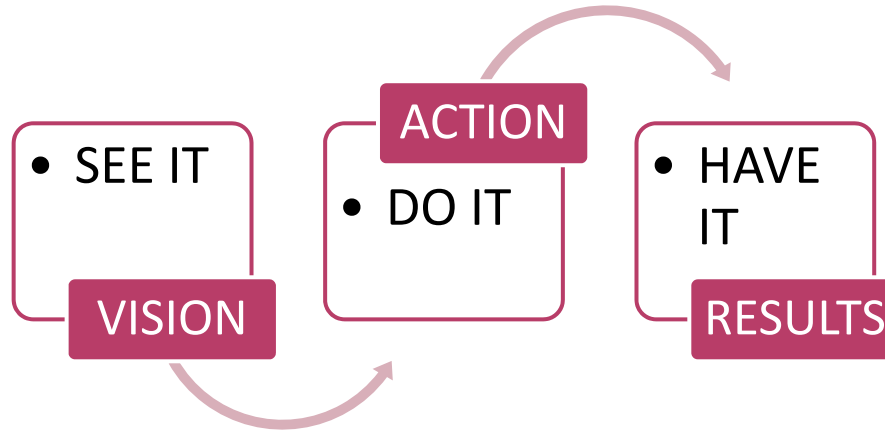




LC101 - COACHING PACKAGES –

UNSTOPPABLE CONFIDENCE - UNBELIEVABLE SUCCESS!



This 12 week - ACTION PACKED course will give you UNSTOPPABLE CONFIDENCE! YOU WILL:

- ✓ SET BIG GOALS – and have a blueprint for your ACTION STEPS!
- ✓ BE CRYSTAL CLEAR – about what you do and don't want in your life!
- ✓ IDENTIFY – CHALLENGE – CONTROL – self-limiting beliefs forever!
- ✓ DESIGN YOUR ENVIRONMENTS FOR SUCCESS- (everything is an environment!)
- ✓ PLAY THE GAME OF LIFE – ON YOUR TERMS – AND WIN!
- ✓ **BONUS** THE 12 week program also entitles you to one **FREE** coaching call anytime within 3 months after the sessions finish. This call is valued at \$75.00 and is yours FREE when you take the 12 week option.

Together we will design strategies and a Game Plan for your ultimate success using my own ACTION PLAY method ©

We will be playing to win and we will be playing the game on YOUR terms with YOUR ultimate SUCCESS in mind. When YOU win I win - doesn't get better than that!

YOUR INVESTMENT FOR THIS PROGRAM –
\$900.00 ONLY! - YES! For the complete 12 week program And
if you buy before end of April 2010 it is only
\$765.00! That's a saving of 15%

HOW IT WORKS:

- ✓ You will receive 12 x 45 minute coaching sessions – **TOTALLY FOCUSED ON YOU, your wants, needs and goals.**
- ✓ You will have my total commitment to your success at each session .
- ✓ You will be willing to make some major changes in your current way of life and do the tasks that we agree upon between sessions.
- ✓ You will commit to making the time necessary to Be, Do or Have what it is that you want in your life.

I encourage short phone calls and emails between sessions if you want to share something. You will be given fieldwork to do between sessions. You will be held accountable and have a step by step plan tailored to your own personal Game/goals. We will work as a team with you as the player and me the coach. A winning team.

I hold my clients to a bigger game than they may be used to and when they Win I Win. **RESULTS** are a given.

Can you imagine a time 3 months from now when we have finished your coaching programme and you have results better than even you could have perceived? What does that feel like? What are you doing differently? With whom? How much better is your life now? Are you **READY** to take **ACTION**?

If you have read this far and you are still undecided please send me an email and ask me anything in regard to what is stopping you from making this commitment to being your own Personal Best. Maybe we can work through it together.

Joan,

[**joanbell@lifecoach101.com**](mailto:joanbell@lifecoach101.com)

“Get unstuck, into Action and Excited about your life”